

Virtual EMDR Training Dates for 2020

(Mod 1-4 required)

- ◆ Mod 1: October 24 & 25
- ◆ Mod 2: November 7 & 8
- ◆ Mod 3: November 21 & 22
- ◆ Mod 4: December 12 & 13

8:30am-5:30pm class time

Training will be virtual on Zoom. You will need a reliable broadband internet, computer or tablet or mobile device and a private room to join the session. Materials to be mailed.

10 hours of consultation included in price. Consultation hours may not be included in continuing education.

Request Registration paperwork at:
JoelleOttosonEMDR@gmail.com

Mail payments (Due by 10/17) to:

Be the Change Global Wellness

N27W23960 Paul Rd #202
Pewaukee, Rd 53072



Eye
Movement
Desensitization
Reprocessing

IT IS PROHIBITED TO RECORD THIS TRAINING FOR ANY REASON.

VIDEO DEMONSTRATIONS OF EMDR TECHNIQUES ARE OF PREVIOUS TRAINING PROGRAM PARTICIPANTS WHO HAVE CONSENTED TO HAVE THE VIDEO USED FOR COMMERCIAL PURPOSE TO PROVIDE CONTINUING EDUCATION TO MENTAL HEALTH PROFESSIONALS



Be the Change Global Wellness has been approved by EMDRIA to deliver all elements of our fall 2020 Basic Training in EMDR via live online learning.

This program has been approved by NAADAC for NAADAC credit 50 CEU. Be the Change Global Wellness is seeking approval to offer other continuing education and will update the website to reflect changes in continuing education

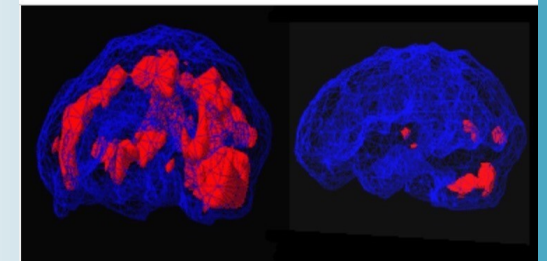
Location:
DUE TO COVID-19 PANDEMIC THIS
TRAINING IS NOW VIRTUAL

Contact Jennifer Jones: 414-335-3024
Phone: 262-646-8288
Fax: 262-646-8255
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www.BetheChangeHealthWellness.com



Virtual EMDR Basic Training

*Due to COVID-19 Pandemic
this Training will be offered
virtually in accordance with
EMDR International
Association*



Before and after EMDR brain scans.

Left photo shows woman with Post Traumatic Stress Disorder. Right photo shows same woman after four ninety minute EMDR sessions. The red areas indicate over-activity in the brain. Photo by Dr. Daniel Amen

**Be the Change Global Wellness
EMDR Training**

Jennifer Jones

EMDRIA Approved Trainer,

EMDR HAP Facilitator



Eye Movement Desensitization and Reprocessing

Eye Movement Desensitization and Reprocessing (EMDR) is a powerful therapeutic method for healing trauma-based problems and bringing unfinished issues to a completion. This healing modality based in neuroscience, combines mindfulness, cognitive behavioral therapy, and somatic practices into one treatment modality. EMDR treats symptoms such as: emotional, sexual & physical abuse, accidents, surgery, and the emotional traumas of grief & loss. EMDR transforms the impact of childhood abuse & neglect. As EMDR is utilized to transform early conditioning, it releases coping patterns held in the mind & body. EMDR allows one to open to authentic genuineness, living ones purpose, & creates spiritual transformation. Through lecture, hands-on practice, video, and demonstrations, participants will learn protocols and procedures for using EMDR with a wide range of diagnostic categories.

Objectives Upon Completion of EMDR Training

- ◆ Learn EMDR standard protocol and procedure.
- ◆ Learn and apply use of cognitive interweaves to shift **blockages** in processing.
- ◆ Develop treatment plans for specific targets such as maladaptive patterns & beliefs.
- ◆ Learn techniques called **resourcing, ego strengthening**, and other techniques to prepare for EMDR
- ◆ Learn how to assess thoroughly for **attachment, dissociation** and EMDR readiness.
- ◆ Learn techniques for working with **blocked processing** and **resistant thought patterns**.
- ◆ Learn **Affect Regulation** techniques to prepare clients for EMDR
- ◆ 10 hours of **consultation** required by EMDRIA included with no extra charge
- ◆ Training team specializes in Substance Abuse, Sex Addiction and Process Addictions, Children and Dissociation assessment and treatment

EMDRIA awarded Jennifer Jones the 2016 EMDR Advocacy Award for her significant contribution of commitment & dedication to EMDR. ITAP awarded Jennifer the 2019 Outstanding Educator Award

EMDR Basic Training Now Online

All the required lecture, practice, and consultation sessions are provided live via Zoom in four easy-to-digest two-day modules spaced 2 to 4 weeks apart for improved memory retention and skill application.

As part of their evolving standards EMDRIA is now requiring Learner Assessments in EMDR basic training. The training will have an EMDRIA required 54 question quiz based on the training manual and required reading.

Jennifer Jones, MS, LPC, CSAT, CSOT CCP, EMDR Trainer

Jennifer Jones is a licensed psychotherapist, certified EMDR therapist, EMDR consultant, EMDR HAP facilitator and EMDRIA approved trainer. Jennifer is cross trained in holistic treatment and incorporates mindfulness, meditation, breath work & spirituality for a high level of well-rounded individual attunement. She specializes in children with RAD, ADHD, PTSD, sensory issues, behavior problems, adoption & attachment as well as complex trauma. Other specialties include: treatment of sex addiction including pornography & video game addiction, other process addictions such as spending, shopping, exercise, food, love & relationships & fetishes. She is the only EMDR trainer cross trained as a CSAT and CSOT. Additional expertise is on men's issues, spirituality conflicts, and LGBTQ focus. Jennifer has been utilizing EMDR since 2002. Her extensive experience began with in-home therapy of children involved in CPS and foster care due to abuse and neglect. This involved all forms of abuse, including emotional, physical and sexual as well as working with the parents to improve attachment and healing. Current work is providing **trauma healing intensives** and global **humanitarian work** as a trauma specialist with Be the Change Global Wellness nonprofit.

Cost:\$1895

Early Registration \$100 discount pay in full by September 24

EMDR trained already? Refresh Your EMDR Skills only \$750 (provide training certificate)

In Support of BLM movement we are offering those affected a discounted rate of \$1500

****Discounted Rate for: Nonprofit, student, military, veterans. Refunds 30 days in advance with \$100 admin fee if vacancy is filled. No refunds after 1st class. Payment due in full by 10/17. 4% fee added for credit card and paypal payments. 3 Easy payments of \$598.33 due 8/10,9/10,10/17**

