Cost $1895

$1795 paid 30 days in advance

Payment Plans Available:
Payments will withdraw monthly and be paid in full by August 10th
See detail here: https://BeTheChangeTraining.thinkific.com

Jennifer Jones Approved by EMDR International Association to offer Virtual EMDR Basic Training.

Requirements:

- 8 days of required lecture, practice, and consultation sessions are provided **live via Zoom**~Participants must have their camera on for attendance(all 8 days in one session Winter/Summer/Fall)
- **You will need reliable broadband internet, computer or tablet device and a private room to join the session.**
- **Materials will be mailed prior to class. Some materials emailed and need to be printed.**
- **NO RECORDING of the training for any reason. All Participant information is CONFIDENTIAL**
- As part of their evolving standards EMDRIA is now requiring Learner Assessments in EMDR Basic Training. EMDR Training will have a 54 question quiz based on the training manual and required reading
- Participants must complete all registration paperwork & must hold a masters degree or higher in the mental health field
- Participants must show proof of licensure in their profession or working towards licensure
- A letter on letterhead from supervisor confirming you are working toward licensure & receiving supervision
- This program meets ADA requirements

Continuing Education:

Be the Change Global Wellness Virtual EMDR Basic Training has been approved by NBCC for NBCC 50 CE. Be the Change Global Wellness is solely responsible for all aspects of the program NBCC Approval #SP3723 CONSULTATION HOURS DO NOT QUALIFY FOR NBCC CE. CE ARE FOR THE LIVE LECTURE & PRACTICUM PORTION OF PROGRAM. Virtual EMDR Basic Training has been approved by NAADAC for NAADAC 50 credits #161472.

Updated Continuing education information is on the registration site: Https://BeTheChangeTraining.thinkific.com

Consult your state licensing board for licensure requirements.

For Questions regarding Continuing Education Contact:
Be the Change Global Wellness 4650 N. Port Washington Rd Milwaukee, WI 53212
Ph:888.839.6181 email:BeTheChangeGlobalWellness@gmail.com

Fall 2022 Virtual EMDR Basic Training

Must attend All 4 Modules 8:30-5:30pm
No exceptions

Saturday & Sunday
Mod 1: September 10 & 11
Mod 2: October 22 & 23
Mod 3: November 19 & 20
Mod 4: December 17 & 18

8:30am-5:30pm **Central Standard Time**

Registration Information:

Download Registration Paperwork & Payment at

https://BeTheChangeTraining.thinkific.com

Submit all paperwork and a copy of license or supervisor letter & diploma to: JoelleOttosonEMDR@gmail.com

Or Mail paperwork & payment to: **Be the Change Global Wellness**

4650 N. Port Washington Rd. Milwaukee, WI 53212

EMDR TRAINING

Be the Change Global Wellness a non-profit organization presents:

Virtual EMDR Basic Training

Jennifer Jones, MS, LPC, CSAT, CMAT, CSOT
EMDRIA Approved EMDR Trainer

Eye Movement Desensitization & Reprocessing

Eye Movement Desensitization and Reprocessing or EMDR is a powerful therapeutic method for healing trauma based problems and bringing unfinished issues to completion. This healing modality based in neuroscience, combines mindfulness, cognitive behavioral therapy, and somatic practices into one treatment modality. EMDR treats symptoms such as: anxiety, emotional, sexual & physical abuse, accidents, surgery, emotional traumas of grief & loss, natural disasters such as hurricane or earthquake. EMDR transforms the impact of childhood abuse & neglect. As EMDR is utilized to transform early conditioning, it releases coping patterns held in the mind & body. EMDR allows one to open to authentic genuineness, living ones purpose & creates transformation. Through lecture, hands on practice, and demonstrations, participants will learn protocols and procedures for using EMDR with a wide range of diagnostic categories.

EMDR is endorsed by the World Health Organization for treatment of PTSD.

Be The Change Global Wellness EMDR Training

All the required lecture, practice and consultation sessions are provided live via Zoom in 4 easy to digest two day modules spaced 2-4 weeks apart for improved memory retention and skill application. Lectures, videos, demonstrations and 20 hours of practicum as a clinician & client for hands on skill development. 10 hours EMDRIA required consultation included. Training Manual and laminated easy to use handouts, Private Facebook Group for ongoing resources and support.

***Video demonstrations of therapy techniques are participants of previous training programs who have consented to have video used for commercial purposes to provide continuing education to professionals. It is PROHIBITED TO RECORD this training for any reason.

Attendance must be LIVE and Participant must be seen on video. *

VIRTUAL EMDR BASIC TRAINING OBJECTIVES

Module 1: Overview of EMDR Therapy 8 stage protocol, EMDR history and research. Learn to assess client readiness for EMDR and how to prepare clients for EMDR effectively. Learn the Adaptive Information Processing Model, Neurobiology Trauma, Polyvagal Biology of Attachment theory. Learn to assess for Dissociation and use the Window of Tolerance. Learn Grounding and Emotional Regulation techniques for EMDR readiness & stabilization.

Module 2: Learn to assess for EMDR targets and desensitize trauma reactions. Learn strategies for blocked processing as well as over and under accessing trauma material. Practice using EMDR 8 phase protocol with participants. Consultation for client EMDR cases.

Module 3: Learn to use the Recent Events Protocol of EMDR for disaster relief. Considerations for special populations such as military, children and teens, phobias and grief. Consultation for special populations such as addictions. Practice EMDR 8 phase protocol with participants.

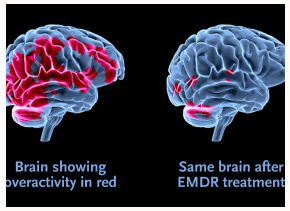
Module 4: Deepen the understanding of Dissociation assessment and treatment. Discuss EMDR therapy with sexual abuse and developmental traumas. Learn EMD Protocol. Discuss professional, legal, ethical and cultural issues as they relate to EMDR Therapy

BE THE CHANGE GLOBAL WELLNESS TRAINING TEAM:

Joelle Ottoson, LCSW, ICS, CSAC, CSAT, CSOT, EMDR Consultant~ Licensed Clinical Social Worker and Certified Substance Abuse Counselor and Supervisor with over 25 years of experience providing psychotherapy for teens and adults. Certified Sex Addiction Therapist and Sex Offender Therapist and trauma specialist. EMDR Consultant and trained in the FlashTechnique. Cross trained in holistic treatment modalities such as needleless acupuncture, Yoga and Reiki. Provides humanitarian work & EMDR consultation and training in Puerto Rico.

Jennifer Bosch, LCSW, EMDR Consultant~Licensed Clinical Social Worker practicing psychotherapy since 2003, specializing in trauma, children, autism spectrum disorders and attachment issues. EMDR Consultant as well as trained in the Flash Technique. Cross trained in holistic treatment modalities of Reiki and Needleless Acupuncture. Provides humanitarian work in Puerto Rico

Jodi Anderson, MS, LPC, SAC-IT, EMDR Consultant-IT~ Certified EMDR Therapist and EMDR Consultant in Training and Trained in the Flash Technique. Experience with children, teens and adults treating trauma, mental health and substance abuse. Licensed Professional Counselor and Substance Abuse Counselor



*"It wasn't the clinicians glowing credentials on the island that saved my life-it was EMDR from someone who's dedicated their life to helping our island heal-**EMDR gave me life again**"*

"I was drowning in sorrow and trauma and I was paralyzed to do anything about it. Talk therapy alone was not helping. What saved my life and my family was EMDR from someone who has dedicated their life to helping our island heal ✨"

JENNIFER JONES, MS, LPC, CSAT, CSOT, EMDR TRAINER

Jennifer Jones is a licensed psychotherapist, certified EMDR therapist, EMDR Consultant, EMDR HAP Facilitator and EMDRIA approved trainer. Specializing in treating traumatized children and adults for over 20 years. She uses parts/ego states work and the role attachment has on trauma and in-depth assessment and treatment of dissociation. Jennifer is a Certified Sex Addiction Therapist, treating process addictions including pornography and video gaming, spending, shopping, exercise and relationship issues. Also specializing in children with RAD, ADHD, PTSD, sensory issues, behavior problems, adoption & attachment issues, complex trauma, sexual & physical abuse, neglect & relational trauma. Jennifer is the only EMDR Trainer cross trained as a CSAT & Certified Sex Offender Therapist. Cross trained in holistic treatments she provides mindfulness, meditation, breath work & spirituality for a high level of well rounded individual attunement. Her current work is providing trauma healing intensives and global humanitarian work as a trauma specialist and EMDR Trainer with Be the Change Global Wellness in Puerto Rico to train therapists in EMDR, providing pro bono consultation and address the mental health crisis by providing Pro Bono therapy after earthquake and hurricane disasters.

EMDRIA awarded Jennifer Jones 2016 EMDR Advocacy Award for Contribution & Commitment & Dedication

IITAP Awarded Jennifer Jones the 2019 Outstanding Educator Award

Be the Change Global Wellness work in PR is for the long haul-to provide ongoing skill development & support, including EMDR therapy to get past personal impasses."